POST-TREATMENT CLEANING/DISINFECTING PROCESS

TO BE PERFORMED AFTER EVERY PATIENT

Wash hands with soap and water frequently and correctly throughout process

TREATMENT ROOM

- 1. Linens removed and put into hamper. If reusable utensils like cups used, place in trash bag-lined bucket, loosely tie closed.
- 2. Door knobs, treatment table cover, and all high-touch surfaces disinfected (disinfecting wipes if available, 10% bleach solution spray and clean cloth if wipes not available).
- 3. Trash removed (entire bag tied shut, then removed from room and placed in large trash bin in kitchenette).
- 4. Room clearing spray.

MAIN OFFICE

- 1. Door knobs and all high-touch surfaces disinfected (disinfecting wipes if available, 10% bleach solution spray and clean cloth if wipes not available).
- 2. Room clearing spray.

KITCHENETTE

- 1. Door knobs and all high-touch surfaces disinfected (disinfecting wipes if available, 10% bleach solution spray and clean cloth if wipes not available). Make sure to wipe faucet and sink handles
- 2. Advance paper towel for next patient to use hands-free. Disinfect paper towel dispenser afterwards.

END-OF-DAY CLEANING/DISINFECTING PROCESS

After final POST-TREATMENT CLEANING/DISINFECTING PROCESS is complete

- 1. Wash reusable utensils (cups, gua sha boards, etc.) and soak in high-level disinfectant per normal guidelines. Dispose of storage garbage bag and thoroughly wash bucket to be used for soaking after cups etc. are washed.
- 2. Trash removed from main office (entire bag tied shut, then removed from room and placed in large trash bin in kitchenette).
- 3. Low-touch surfaces disinfected, including main office table tops and vinyl covered chairs, light and lamp switches not commonly changed throughout the day (disinfecting wipes if available, 10% bleach solution spray and clean cloth if wipes not available).
- 4. Mop hard floor areas
- 5. Cups rinsed and set out to air dry overnight (MINIMUM 10 minute soak time per instructions on disinfectant).
- 6. Trash removed from kitchenette and immediately taken to dumpster at back of building. Hands washed with soap and water upon return, then new liner placed.
- 7. Laundry bag tied shut and removed from office when heading home for the evening. Disinfecting wipe or paper towel sprayed with 10% bleach solution if disinfecting wipes aren't available should be used to open, lock, and close office door. Disinfecting wipe/paper towel will continue to be used to push elevator and main door exit buttons, then discarded in trash outside the exit door. Laundry to be washed nightly, using gloves and mask to handle contaminated items.
- 8. Leave air purifier with UV cleaner on in treatment room 24/7 when on in-office treatment cycle.